

Some Interesting Medicinal Folk-Lores from Bihar

P.C. Sharma*

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A considerable percentage of the total population of our country living in villages, particularly the tribal people, still depend on natural resources, especially the plant kingdom, for the treatment of their ailments. Bihar is one of the leading states in respect of tribal population and a large portion of its total area is covered with forests. The author while conducting Medico-ethno-Botanical exploration from 1971 to 1980 visited several forest localities and tribal pockets and gathered more than 350 folk-lore Medicinal claims. The present communication deals with 33 interesting claims related to the treatment of a few troublesome disease like rheumatoid arthritis, gout, asthma, malaria, venereal diseases, epilepsy and pulmonary tuberculosis etc.

*Assistant Director Incharge
Jawaharlal Nehru Ayurvedic Medicinal Plants
Garden and Herbarium, Kothrud,
Pune-411029.